



*Katherine Metz*

*Feng Shui Practitioner, Teacher, and Mentor,*

Katherine Metz was first introduced to the art of Feng Shui by Abraham Kawai'i, a Hawaiian Kahuna. She then began studying twenty-three years ago with Professor Lin Yun, the Grand Master of Black Sect Tantric Buddhism, world renowned philosopher, and lecturer, with whom she continues her present day studies. Her current occupation at the time allowed her to experience firsthand the power of place as a successful location scout for film and video in the San Francisco Bay Area. In that period, Katherine also took it upon herself to learn the German field of Bau-Biologie, or "Building Biology," which is the holistic study of the built environment and its impact on human and planetary health.

Blending other aspects of her background—a degree in Medical Sociology from the University of Michigan and design experience from owning an interior landscape business—with the Hawaiian and Chinese arts of healing and place, Katherine created *The Art of Placement*, where she went on to become a highly regarded practitioner, teacher, and lecturer. She has made a lasting mark in reaching out to the public and in her most recent endeavor serving as mentor to a select group of affiliates from around the world.

Katherine is one of the most visible spokespersons of the art in this country, helping introduce Feng Shui into mainstream western culture with her lucid and practical conveyance of its sometimes esoteric philosophies. She has appeared on television and radio across the country. Her name appears in many Feng Shui books as authors acknowledge their teachers, and her writings continue to be used by students and practitioners around the world. In 1998 Katherine was keynote speaker for the 2nd Annual International Feng Shui Conference. She teaches and lectures, upon request, on the art and science of creating a healthy home and workplace.

Through the mentorship program, Katherine is able to guide affiliates with varying levels of Feng Shui knowledge by creating individualized plans based on the needs, aspirations, and abilities of each practitioner. She is a virtual repository of knowledge and wisdom both ancient and modern, upon which her students can draw. But most importantly and uniquely Katherine imparts its heartsong—*the spirit*—that must be present in order to practice Feng Shui in a way that really touches the world.

Her work is devoted to exploring the seen and unseen ways the physical environment can spark and nurture the individual's natural potential to be as

vibrant, receptive, and focused as possible. Katherine has provided her unique services for over twenty-two years in private homes, corporate offices, small businesses, schools, restaurants, and health care facilities, helping her clients create environments where they experience tangible and positive changes. Sleeping gets better, communication becomes more effective, family peace is restored, business multiplies, and people get well.

Most recently, Katherine has extended her reach to introduce wisdom practices to all those interested in moving beyond the limits of conventional thought and action. With an immediate connection to wise counsel that would, otherwise, have remained invisible, she and others are standing with artists and scientists daring to explore and shape the reality that exists beyond the comprehension of human reason. She is crossing boundaries, knowing that life is more than logic.